

SINDH GRADUATES ASSOCIATION

MOTHER AND CHILD HEALTH AND SANITATION WEEK

Report April 6th to 11th 2009

**Address:- NEAR TALUKA NAZIM OFFICE
EID GAH ROAD
TANDO ALLAH YAR
Tel: 0300 – 3645523**

Vision:

Sindh Graduates Association (SGA) is providing services to the children, their families, and communities through various programmes, such as education, poverty alleviation, healthcare, economic development, disaster management, relief and rehabilitation, women's empowerment, care for the environment, and other aspects of human development. Being a Mother and Child-focused Program, ASOCIATION believes that the best way to help a child is through their families and communities. Thus, MOTHER AND CHILD HEALTH AND SANITATION Programme provides long-term support to children benefiting not only the children and their families, but also their communities by improving health standerds.

MOTHER & CHILD HEALTH & SANITATION PROGRAMME IN DISTRICT TANDO ALLAHYAR

- In FY 2009, this MCHS programme is launched at 6 UNION COUNCILS viz Jhando mari , Mirabad ,Pak Singhar ,Shaikh Moosa, Bukara Sharif and Sangar Chang IN 3 TALUKAS i.e Tando Allahyar, Jhando Mari and Chamber at rural and un covered LHWs areas of the District Tando Allahyar Sindh

**"Our vision for every Mother and child, life in all its fullness;
Our prayer for every heart, the will to make it so",**

Training workshops:

Trained teachers and facilitators Training in Health field have been stepping stone for educating un trained Trainee of Sindh Graduates Association and have developed capacity building of **22 untrained trainees on 3 rd of April 2009** at District Civil Hospital, they are now acting as motive power TRINEERS to enhance the quality of Health Care of Mother and Child Health and Sanitation by imparting Training to the identified community resource Persons (CRPs) of the targeted community.

(List of Participants attached)

**TRAINEES PARTICIPANT LIST
MOTHER & CHILD HEALTH & SANITATION**

VENUE: DISTRICT CIVIL HOSPITAL TANDO ALLAHYAR

DATE: 02//04/2009

TRAINER: Dr. ASIF YOUSFANI, DISTRICT COORDINATOR NATIONAL PROGRAMME

Day Thrus-Day the 2nd April 2009

S#	NAME OF TRAINEE	ADDRESS & TELEPHONE IF ANY		U/C
1	Mst: Wahida Mr: Shahid	Tando Allahyar	0301- 3454053	Pak Singhar
2	Mst: Shazia Mr: Liaqat	Jhando Mari		Bukara Sharif
3	Miss: Yasmeen Mr:Noor Nabi	Tando Allahyar	0302- 3905735 0300- 3094809	Bukara Sharif
4	Miss: Sumera Mr: Noor Ali	Jhando Mari		Jhando Mari
5	Miss Nazia Zeeshan	Jhando Mari	031- 33313834 0301- 3454053	Jhando Mari
6	Miss: Uroog Mr: Shafique	Chamber		Sanjar Chang
7	Miss Qaisar Mr: Nazakat	Tando Allahyar		Shaikh Moosa
8	Miss Sadaf Mr:Mubashar	Chamber	0306- 2409067	Sanjar Chang
9	Miss : Hameeda Mr: Shankar	Jhando Mari		Mirabad
10	Miss: Mr: Muhammad Umer	Tando Allahyar		Shaikh Moosa
11	Miss: Sanam Sahito Mr: Ziauddin	Tando Allahyar		Bukara Sharif

MEETINGS

Day Fri - Day the 3rd April 2009

A meeting was held with the Assistant District Officer (Education), Tando Allahyar about the Mother and Child Week for Health and Sanitation where in we got letters issued to all District Supervisors Education for

Cooperation/ facilitation in celebration of health activities at Primary School Level by the Health Department and Sindh Graduates Association from 6th April to 11 th April 2009. The supervisors attended this meeting and were briefed about each activity and the Micro Plan was also shared with them at Government Elementary Main Boys School Tando Allahyar. Dr: Asif Yousfani, DCO, NP briefed them and handed over material ie 9000 children leaflets for distribution in Primary Schools. (list of supervisor education shown below). These press clipping several the activities carried out during the week in DAILY KOSHASH NEWS PAPER.



LIST OF EDUCATION SUPERVISORY STAFF

S#	NAME OF SUPERVISOR	Contact #	Address
1	Saifullah Jarwar		ADO - TAR
2	Shoukat Ali Bozdar		ADO - TAR
3	Muhammad Sharif Bozdar		ADO - TAR
4	Abdul Hakim Jarwar		ADO - TAR
5	Ghulam Muhammad		ADO - Chambar
6	Abdul Rehman Mangrio		ADO - Chambar
7	Meo Waryah		Jhando Mari
8	Yasin Bozdar		Jhando Mari
9	Ghulam Rasool Otho		ADO - TAR
10	Nazeer Ahmed		ADO - TAR
11	Qalendar Bux		ADO - TAR
12	Ali Nawaz		Jarwar
13	Muhammad Shahid		Jhando Mari
14	Muhammad Yousif		Piyaro Lund
15	Abdul Jalil		Tando Soomro
16	Zaheer Memon		Jhando Mari
17	Syed Abid Ali		Piyaro Lund
18	Nizam Ali		Tando Soomro

MAIN HEALTH ACTIVITIES

An integrated approach is adapted in the program to address issues of basic health problems in the community that emphasize preventive and curative health care for the target of non covered population by LHWs in the District.

The health programme covers wide range of services such as:

- Expanded Programme on Immunization (EPI),
- Deworming,
- Prevention of diarrhea,

- Hygienic sanitation,
- Awareness building/raising.
- Prevention on malnutrition.

Mother and Child Activities

Day Mon-Day the 6th April 2009

Venue Tando Allahyar City
 Kind of Activity Inauguration of MCHS Week and District Level Walk
 Headed by Dr Abdul Jalil Bachani Executive District Officer Health
 Ms Sheba Afghani Specialist Communication UNICEF
 Islamabad

Coordinated By Dr: Asif Yousfani, Coordinator N.P
 Dr: Anwar, Focal Person Health
 Mr: Nisar Ahmed Hajano, Focal Person, S.G.A MCHS, TAR
 Staff School Children and Civil Society.

Route District Civil Hospital to EXIT to Tando Allahyar,
 Chamber chowk

Address by Dr Abdul Jalil Bachani , Executive District Officer (Health)
 Dr: Asif Yousfani, Coordinator N.P and others

Day: 01 Mon-Day the 6th April 2009

An other walk and Lecture programme was arranged by Focal Person Sindh Graduates Association, MCHS Programme, Tando Allahyar at Shaikh Moosa Union Council of Taluka Tando Allahyar at Govt: Elementary Boys and Girls Schools. The awareness was given through school children to parents and community for immunization & Deworming. The walk and lectures were delivered, announcement by Pesh Imam in mosque were arranged for five time prayers, School Leaf lets were distributed among School Children .

LHV along with 10 Volunteers of SGA has started with immunization and de worming Program to 0-2yrs Children , 2-5 yrs Children and Pregnant women 6th April 2009 in this Village may plse be seen below:



Day: 02 Tue-Day the 7th April 2009

On this day at Govt: Elementary Boys and Girls , Golo Halipoto , Union Council Pak- Singhar of un- covered area by LHWS at about 10:30 AM, a walk and Lecture was arranged and was headed by Miss Sheba Afghani Specialist Communication UNICEF Islamabad and Dr: Asif Yousfani, District Coordinator National Programme Tando Allahyar and Focal Peron MCHS Programme TAR, where in the announcements were made by Pesh Imam regarding the Mother and Child Health and Sanitation issues for redressal to village community in five time prayers. The School children and civil citizens participated in the walk and attended lectures on awareness . Snap is appended below as an evidence.



Day: 03 Wed - Day the 8th April 2009

The day was celebrated at Govt: Elementary Boys School , Dost Ali Khokhar of union council Bukara Sharif Taluka Tando Allahyar of un covered area by LHWS , where school children community women and civil society took part in walk and speeches on Mother and Child Health and sanitation Programme were delivered. The walk was headed by Mr: Rehman Pirzada Chief Health WHO, Dr: Asif Yousfani, District Coordinator, National Program and Dr: Anwar, Focal Peron MCHS Programme TAR and Pesh Imam of the Snapas Madrsa and the Students of madara joined the walk and announced five time in prayers the message addressed to Pesh Imam, There was no Pesh Imam in this village , therefore Village head performed five times duty of announcement and programme . The School children and civil citizens participated in the walk and listened attended speeches on awareness. Snapas below



Day: 04 Thurs - Day the 9th April 2009

This day was celebrated at Govt:Elementar Masjid Boys School, Ghulam Muhammad Noohani at Taj Mori union council Sanjar Chang, Taluka Chambar. The walk started at 12:00 Noon and headed by Mr: Riaz Ahmed Zaidi, Project Officer, UNICEF Islamabad, Madam Asma Jatoi, Health Officer PPIU, Dr: Sidiqa Assistant Coordinator National Program Health, Focal Person SGA Tando Allahyar, Teachers and Community The Lecture was delivered on Mother and Child Health and Education. Regarding Mela and Tabela , Mr: Zadi agreed to have separate joint school session at the end of week. The walk was aimed to have awarene in the community about Health Sanitation issues.

Besides, SGA volunteers has started immunization and Deworming Programme to the focused children and Pregnant women from 8th April 2009. Snap Shown below:



MOTHER AND CHILD WEEK CELEBRATION
UNION COUNCIL SANJAR CHANG, TALUKA CHAMBAR, DISTRICT TANDO ALLAHYAR
SINDH GRADUATES ASSOCIATION

Day: 05 Fri - Day the 10th April 2009

The Mother and Child health and Sanitation day was celebrated in union Council Old Mirabad , Taluka Jhando Mari with enthusiasium having aim to aware the community about the illness that hampers the Mother and Child health. As is the facts that prevention is better than cure so the treatment to the affects are necessary . Sindh Graduates Association like wise planned to have a walk and lecture in this village and a procession of School Children was taken from Govt: Primary School old Mirabad here there is co-education . The Nazim also attended gathering . The walk was taken up to the Chowk and proceeded to Jamia Masjid where Pesh Imam was announcing Mother and Child message in five time prayers , and a lecture is delivered on Mother and Child Health and sanitation , side by side the trained volunteers were treating targeted children with immunization , De worming and TT to pregnant women . See Pics below .



MOTHER AND CHILD WEEK CELEBRATION
 UNION COUNCIL MIRABAD OLD, TALUKA JHANDO MARI, DISTRICT TANDO ALLAHY,
 SINDH GRADUATES ASSOCIATION

Day: 06 Sat: - Day the 11th April 2009

The last of the walk was initiated in village Pir Jurial Shah Primary Boys Govt: School in Union Council Jhando Mari with aim to aware the community about the death of the children who expire earlier or without attending 5th Anniversary at village Jurial Shah Ji Mari. This village is located at triangle of three districts junction therefore community of District Matiari, Sanghar and Tando Allahyar joined the walk and lecture. The Notables of this village and coinciding communities took part in the walk. Pesh Imam of Masjid addressed the walk and made announcement for time prayers and in juma khutbas while the trained volunteers were treating 0-2 year and 0-5 year children with immunization , De worming and TT to pregnant women . See Pics below .



MOTHER AND CHILD WEEK CELEBRATION
 UNION COUNCIL JHANDO MARI, TALUKA JHANDO MARI, DISTRICT TANDO ALLAHYAR
 SINDH GRADUATES ASSOCIATION

OTHER HEALTH ACTIVITIES

Immunization programme

The targeted non covered area by LHWs in 6 union councils population for immunization to children (0-5 year) Deworming to (2 to 5 years children) and women (15-49 year) for Immunization and tetanus toxoid (TT) started in three union councils viz Jhando Mari , Mirabad and Sanjar Chang in

addition Walks and Lectures arranged at Union Council Level S.G.A arranged and facilitated effective social mobilization of community for immunization and Deworming children and coverage to Pregnant women immunized with TT Nil in Sanjar Chang Union Council.

Diarrhea prevention

Globally about 10.8 million under five children die from diarrheal diseases every year. In South Asia almost one in ten children die before their fifth birthday (Robert E, The Lancet June 2003). Diarrhea is also one of the leading causes of death among Pakistani children. With a view to prevent diarrhoea among children massive community awareness campaign and social mobilization are intensified in catchment areas of all 6 uncovered union councils i.e Jhando Mari , Mirabad , Pak Singhar , Shaikh Moossa ,Bukara Sharif , Sangar Chang of Taluka Tando Allahyar. Increased access to safe drinking water and sanitation can effectively contribute to reduce the high morbidity and mortality related to water borne diseases. Among these diarrhoea, dysentery are common .To combat this threat SGA VOLUNTEERS works in Six Union Councils undertaking special care in teaching how to prepare ORS at community level through successful awareness during this week and there after by building regular follow-up programmes for its effectiveness and successful.

Hygienic sanitation

To ensure environmental sustainability by Millennium Development Goals (MDGs) emphasizes to 'halve by 2015 the proportion of people without sustainable access to safe drinking-water and sanitation'. It is reported in the some studies that 88% of diarrheal disease is attributed to unsafe water supply, inadequate sanitation and hygiene. Improved and purified water supply reduces diarrhoea morbidity by 21% and improved sanitation by 37.5%.

At present, people have been raising their voices to get access to safe water and sanitation. It will be the immediate result of massive awareness activities being launched through celebration of week started from April 6 to 11 Weak by Walk and by Talk and. through different social mobilization work and training, a basic demand is to be created at community level . Knowledge is to be raised and awareness created among the working community to meet the demand instantly, SGA is of the view to encourage community for low cost latrines with indigenous technique It will also helps in the process of behavioral change.

SGA gives emphasis for massive social mobilization activities. After receiving satisfactory response from the community and observing their desire for changing behavior, the community has to develop its monitoring system for latrine users by itself that will play an important role to maintain the hard wares.

Nutrition programme

Malnutrition still remains a significant public health problem in many countries of the world including Pakistan. According to WHO report, about 10.4 million under five children die each year in the developing countries and 50 percent of them are malnourished. It is one of the leading cause of child morbidity and mortality in Pakistan. The declaration of MDG aims to 'reduce prevalence of underweight children under five years of age by 50 percent and also reduce proportion of population below minimum level of dietary energy consumption by 50 percent within 2015'. Pakistan aims to reduce by two-thirds, between 1990 and 2015, the under-five mortality rate as emphasized in MDG declaration. As malnutrition is one of the significant health problems in the community, rural based nutrition in its working areas targeting the under five children and pregnant mothers.

During walk the community was given awareness through lectures and the material given on these aspects by UNICEF.

(NISAR AHMED HAJANO)
FOCAL PERSON
MCHS Programme
SINDH GRADUTES ASSOCIATION
Tando Allahyar.